

Helping Patients: Self-Measured Blood Pressure Monitoring and Million Hearts[®] Initiative Resources and Best Practices

FRIDAY, MAY 26, 2017

10 – 11 am

SPEAKERS

Judy Hannan, RN, MPH, Million Hearts[®] Senior Advisor, Division for Heart Disease and Stroke Prevention, Centers for Disease Control and Prevention

Michael R. Rakotz, MD, FAHA, FAAFP, VP, Chronic Disease Prevention, American Medical Association

TUESDAY, MAY 30, 2017

10 – 11 am

SPEAKERS

Judy Hannan, RN, MPH, Million Hearts[®] Senior Advisor, Division for Heart Disease and Stroke Prevention, Centers for Disease Control and Prevention

Margie Fougeron, MS, RDN, CD, Culinary Nutrition Consultant

FEE

Complimentary

Program code:

1-056.17 ~ May 26, 2017

1-057.17 ~ May 30, 2017

WEBINAR INFORMATION

These webinars will provide participants with an overview of high-impact strategies to prevent heart attacks and strokes, with a focus on self-measured blood pressure monitoring (SMBP) and interventions to reduce sodium intake.

TARGET AUDIENCE

This program is designed for healthcare providers, health educators and anyone interested in improving cardiovascular health.

LEARNING OBJECTIVES

- Describe the Million Hearts[®] design and priorities.
- Understand the contribution that SMBP has on improving blood pressure outcomes and how SMBP interventions can be implemented in a clinical setting.
- List community-based interventions that can be implemented to reduce sodium intake for a given population.

CEUs

Continuing education contact/clock hours will be provided by the Continuing Education Institute of Illinois in collaboration with the University of Illinois College of Medicine, Department of Family Medicine.

Funding for this program was provided by IDPH State Public Health Actions to Prevent and Control Diabetes, Heart Disease, Obesity and Associated Risk Factors and Promote School Health (CDC-DP13-130504PPHF17).

[CLICK HERE TO REGISTER](#)