

Two-Day Workshop

Building a Successful Diabetes Education Program

Oct. 11-12, 8 am - 4:20 pm

IHA Springfield Office
700 South Second Street,
Springfield, IL

Nov. 28-29, 8 am - 4:20 pm

Fairfield Inn & Suites, Mount Vernon
217 Potomac Blvd.
Mount Vernon, IL

Dec. 5-6, 8 am - 4:20 pm

IHA Naperville Office
1151 E. Warrenville Rd.
Naperville, IL

PRESENTER

Mary Ann Hodorowicz, RDN, MBA, CDE, CEC, licensed registered dietitian, certified diabetes educator and certified endocrinology coder

FEE

There is no cost for the training. However, there is a \$20 charge for breakfast, snacks and beverages. Lunch is not provided. Funding for this program was provided by the Illinois Department of Public Health State Public Health Actions to Prevent and Control Diabetes, Heart Disease, Obesity and Associated Risk Factors and Promote School Health.

(CDC – DP13 130504PPHF17 and CDC-DP-13-130504PPHF16)

Program code: 1-108.17 Springfield,
1-109.17 Mount Vernon, 1-110.17 Naperville

WHO SHOULD ATTEND

This program is designed for diabetes educators (RDs, RNs, NPs, PAs, CNSs, MDs, DOs, Pharmacists, etc.), health educators, coaches, case managers, care coordinators, managers and directors of outpatient DSMT, MNT, obesity counseling programs and related services, and healthcare administrators.

OBJECTIVES

Upon completion of this program, you will be able to:

- Identifying ways in which to utilize Medicare's Chronic Care Management benefit.
- Adhering to Medicare's coding and coverage guidelines for MNT (Medical Nutrition Therapy) benefits.
- Designing key MNT forms and procedures so that they are Medicare-compliant, including how to design a Medicare-compliant MNT referral form.
- Identifying keys to marketing and continuous quality improvement strategies of outpatient DSMES programs.
- Explaining the latest nutrition intervention recommendations to normalize A1c, BP and lipids in patients with T1 and T2 DM.
- Explaining the key differences between compliance counseling and motivational interviewing counseling.
- Naming at least six motivational interviewing tools to positively change patient behavior that are summarized in the word "A.D.O.P.T.E.E.S.".
- Identifying common challenges in working with older adults with diabetes and understanding evidence-based interventions to help.

CONTINUING EDUCATION

Continuing education contact/clock hours will be provided by the Continuing Education Institute of Illinois in collaboration with the University of Illinois College of Medicine, Department of Family Medicine.

[CLICK HERE TO REGISTER](#)

AGENDA

DAY ONE

8 – 8:30 am	Arrival, registration, networking and continental breakfast
8:30 – 8:45 am	Welcome, introductions, agenda review, housekeeping, etc.
8:45 – 10:30 am	Evidence-based Nutrition Practice Guidelines to Control the A-B-C's of Diabetes
10:30 – 10:45 am	Break
10:45 am – 12:15 pm	CQI Plan and Tools for DSMES Program
12:15 – 1:30 pm	Lunch
1:30 – 3:00 pm	Marketing Plan for DSMES Programs (Includes Interactive Group Discussion)
3 – 3:15 pm	Break
3:15 – 4:15 pm	How Diabetes Educators Can Utilize Medicare's Chronic Care Management Benefit
4:15 – 4:20 pm	Wrap-up and review of tomorrow's agenda

DAY TWO

8 – 8:30 am	Arrival, registration, networking and continental breakfast
8:30 – 8:45 am	Welcome, introductions, agenda review, housekeeping, etc.
8:45 – 10:30 am	E.M.A. Tools for Successful Behavior Change: Empowerment, Motivational Interviewing and Adult Learning Principles (with Interactive Case Studies)
10:30 – 10:45 am	Break
10:45 am – 12:15 pm	Continued: E.M.A. Tools for Successful Behavior Change: Empowerment, Motivational Interviewing and Adult Learning Principles (with Interactive Case Studies)
12:15 – 1:30 pm	Lunch
1:30 – 3:00 pm	Challenges and Common Problems in Older Adults with Diabetes and Evidence-Based Interventions
3 – 3:15 pm	Break
3:15 – 4 pm	You Taking Care of You! (We Saved the Best for Last...Inspiring!)
4 – 4:15 pm	Wrap-up

[CLICK HERE TO REGISTER](#)